



### Canyon'île

#### Climbing About us

*Les Danseurs Du Roc* (Dancers of the Rock), is a climbing club in Morlaix (Brittany), founded in 1989 and affiliated to the French federation of Mountaineering and Climbing.

Our club gives you the opportunity to discover the wonderful peninsula of Primel, on the breathtaking coast of Plougasnou.

You can choose to discover rock climbing through one-off sessions of 2 or 3 hours, or follow courses of 3 or 5 days. Every option is suitable for all abilities, from the age of 6.

#### RATE PER PERSON

2 hour session – 35 € or 3 hour – 45 €

COURSES 3 days 140 € or 5 days 200€ Canyon'île is an unforgettable experience on the rocky shores of a unique island. As a combination of canyoning and coasteering, you'll be safely guided by a trained professional to cross the natural obstacles on your path.

Swimming, climbing, jumping, abseiling and ziplinning will be part of the adventure, in the idyllic setting of Primel and its island.

Routes are suitable for all abilities, from the age of 6.

#### CANYON'ÎLE DISCOVERY (a slow exploration)

About 3hrs 55 €/person

CANYON'ÎLE FLAT OUT (an adrenaline driven adventure)

About 4hrs/5hrs 70 €/person

# What you need to know ?

WE provide :

- helmet
- harness
- life jacket
- Karabiner
- belay device
- wetsuit

YOU provide :

A pair of trainers

The meeting point is at Le Camping de la Mer campsite car park. Time is to be determined with the member of our team who will take care of you.

Between 8/7/2024 and 26/8/2024

And then, c'est parti pour l'aventure !



#### FANCH, YOUR CANYON'ÎLE GUIDE

Bachelor's degree in physical education, master's degree in sports research , state-registered diploma in canyoning, lifeguard

#### JEFF, YOUR CLIMBING INSTRUCTOR

State-registered diploma in physical education, certification in climbing activities

#### VAL', YOUR CLIMBING INSTRUCTOR

#### Diploma of Higher Education in physical education, climbing specialisation, health and fitness through sports.

« As nature lovers, we want to pass on our passion and share with you a wonderful human and sporting adventure! See you on the trails! »

# **CLIMBING**

Contact and booking : escaladeprimel@lesdanseursduroc.com 06-10-59-97-82

# CANYON'ÎLE

*Contact and booking : canyonile@lesdanseursduroc.com 06-34-66-84-69* 

*Form of paiement : CHÈQUE / ESPÈCES* 

Siret : 447 969 163 00016



Perros-Guirec Pleumeur-Bodou Lannion Ploulec'h Plougasnou Saint-Pol-de-Léon Carantec láda Plestin-les-Grèves Plouaret N12 Morlaix Plouigneau E50 Plounévez-Moëde E50



# Les Danseurs Du Roc

#### CLIMBING

Rope climbing – boulder climbing – Introduction to abseiling – learning the basics of safety and technique

## CANYON'ÎLE

Canyoning – Rock climbing – Seussiming – Jumping – Ziplining – Abseiling – Hiking

😓 Due8 juitlet au 26 août 2024.